

ADAPTED FROM **ADVENTURES IN WINE COOKERY (1965)**FEATURED IN **WINED AND DIED IN NEW ORLEANS** 

## **INGREDIENTS:**

1 CUP WHIPPING CREAM

1/4 CUP CONFECTIONER'S SUGAR (YOU CAN ADD MORE IF YOU LIKE YOUR DESSERTS REALLY SWEET)

- 1 STIFFLY BEATEN EGG WHITE
- 1 CUP WELL-CRUMBLED MACAROONS
- 1/4 CUP SWEETENED SHREDDED COCONUT, PLUS 2 TABLESPOONS
- 2 TABLESPOONS SWEET SHERRY \*
- \*FOR A NON-ALCOHOLIC VERSION, SUBSTITUTE 2 TEASPOONS OF VANILLA, COCONUT, OR ALMOND FLAVORING

## **DIRECTIONS:**

WHIP THE CREAM UNTIL STIFF. SLOWLY ADD THE POWDERED SUGAR TO INCORPORATE, THEN ADD THE SHERRY, AND THE COCONUT. MIX TOGETHER WELL. FOLD IN THE STIFFLY BEATEN EGG WHITE, FOLLOWED BY THE CRUMBLED MACAROONS. CHILL FOR SEVERAL HOURS.

